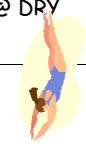
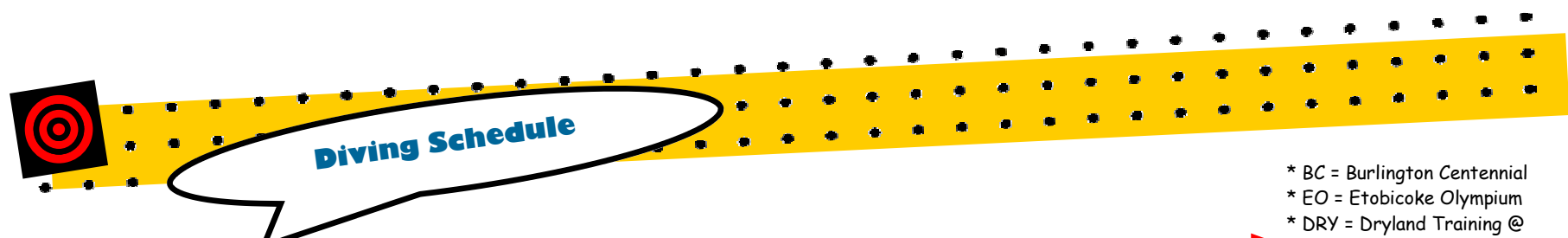


# January 2011

- \* BC = Burlington Centennial
- \* EO = Etobicoke Olympium
- \* DRY = Dryland Training @  
Wearcheck
- \* AC = Angela Caughlin (MMR)
- \* Please let the coaches know if  
there are dates your diver will  
not be attending.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						<b>1</b> 9:30 am-12:30 pm @ DRY 2:30-4:30pm @ BC
<b>2</b>	<b>3</b> 6:00-8:00 pm @ DRY	<b>4</b> 12:00-2:00 pm @ EO Bingo: Rhonda, Rita, Fil, Anastazia	<b>5</b> 4:30-6:00pm @ BC	<b>6</b> 12:00-2:00 pm @ EO	<b>7</b> 6:00-8:00pm @ BC	<b>8</b> 9:30 am-12:30 pm @ DRY 2:30-4:30pm @ BC BOARD MTG. 2:30 @ BC
<b>9</b>	<b>10</b> 6:30-8:00 am @ AC 6:00-8:00 pm @ DRY	<b>11</b> 12:00-2:00 pm @ EO	<b>12</b> 4:30-6:00pm @ BC	<b>13</b> 12:00-2:00 pm @ EO	<b>14</b> 6:00-8:00pm @ BC	<b>15</b> 9:30 am-12:30 pm @ DRY 2:30-4:30pm @ BC
<b>16</b>	<b>17</b> 6:30-8:00 am @ AC 6:00-8:00 pm @ DRY	<b>18</b> 12:00-2:00 pm @ EO	<b>19</b> 4:30-6:00pm @ BC	<b>20</b> 12:00-2:00 pm @ EO	<b>21</b> 6:00-8:00pm @ BC	<b>22</b> 9:30 am-12:30 pm @ DRY 2:30-4:30pm @ BC
<b>23</b>	<b>24</b> 6:30-8:00 am @ AC 6:00-8:00 pm @ DRY	<b>25</b> 12:00-2:00 pm @ EO Bingo: Rhonda, Rita, Lori, Maya	<b>26</b> 4:30-6:00pm @ BC	<b>27</b> 12:00-2:00 pm @ EO	<b>28</b> 6:00-8:00pm @ BC	<b>29</b> Snowball Classic Scarborough (L1,2,3) 
<b>30</b> Snowball Classic Scarborough (L1,2,3)	<b>31</b> 6:30-8:00 am @ AC 6:00-8:00 pm @ DRY					

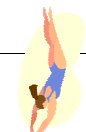


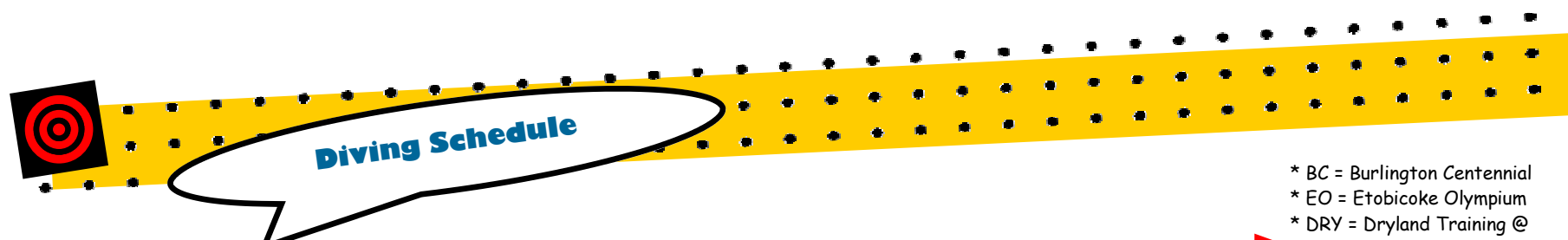
- \* BC = Burlington Centennial
- \* EO = Etobicoke Olympium
- \* DRY = Dryland Training @  
Wearcheck
- \* AC = Angela Caughlin (MMR)
- \* Please let the coaches know if  
there are dates your diver will  
not be attending.



# February 2011


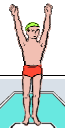
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b> 12:00-2:00 pm @ EO	<b>2</b> 4:30-6:00pm @ BC	<b>3</b> 12:00-2:00 pm @ EO	<b>4</b> 6:00-8:00pm @ BC	<b>5</b> 9:30 am-12:30 pm @ DRY 2:30-4:30pm @ BC
<b>6</b>	<b>7</b> 6:30-8:00 am @ AC 6:00-8:00 pm @ DRY	<b>8</b> 12:00-2:00 pm @ EO	<b>9</b> 4:30-6:00pm @ BC	<b>10</b> 12:00-2:00 pm @ EO	<b>11</b> 6:00-8:00pm @ BC	<b>12</b> Capital City Invitational, Nepean (Level 1, 2, 3)
<b>13</b> Capital City Invitational, Nepean (Level 1, 2, 3)	<b>14</b> 6:30-8:00 am @ AC 6:00-8:00 pm @ DRY	<b>15</b> 12:00-2:00 pm @ EO Bingo: Rhonda, Rita, Linda, Charlotte	<b>16</b> 4:30-6:00pm @ BC	<b>17</b> 12:00-2:00 pm @ EO	<b>18</b> 6:00-8:00pm @ BC	<b>19</b> 9:30 am-12:30 pm @ DRY 2:30-4:30pm @ BC
<b>20</b>	<b>21</b> Family Day Holiday	<b>22</b> 12:00-2:00 pm @ EO	<b>23</b> 4:30-6:00pm @ BC	<b>24</b> 12:00-2:00 pm @ EO	<b>25</b> Forest City Invitational, London (Level 1)	<b>26</b> Forest City Invitational, London (Level 1)
<b>27</b> Forest City Invitational, London (Level 1)	<b>28</b> 6:30-8:00 am @ AC 6:00-8:00 pm @ DRY					





**March 2011**

- \* BC = Burlington Centennial
- \* EO = Etobicoke Olympium
- \* DRY = Dryland Training @  
Wearcheck
- \* AC = Angela Caughlin (MMR)
- \* Please let the coaches know if  
there are dates your diver will  
not be attending.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b> 12:00-2:00 pm @ EO	<b>2</b> 4:30-6:00pm @ BC	<b>3</b> 12:00-2:00 pm @ EO	<b>4</b> 6:00-8:00pm @ BC	<b>5</b> Spring Break Invitational, Burlington (L1,2,3,4) 
<b>6</b> Spring Break Invitational, Burlington (L1,2,3,4)	<b>7</b> 6:15-8:00 am @ BC 6:00-8:00 pm @ DRY	<b>8</b> 12:00-2:00 pm @ EO Bingo: Rhonda, Rita, Cassie, Ryan	<b>9</b> 4:30-6:00pm @ BC	<b>10</b> 12:00-2:00 pm @ EO	<b>11</b> 6:00-8:00pm @ BC	<b>12</b> 9:30 am-12:30 pm @ DRY 2:30-4:30pm @ BC
<b>13</b>	<b>14</b> 6:15-8:00 am @ BC 6:00-8:00 pm @ DRY	<b>15</b> 12:00-2:00 pm @ EO	<b>16</b> 4:30-6:00pm @ BC	<b>17</b> 12:00-2:00 pm @ EO	<b>18</b> 6:00-8:00pm @ BC 	<b>19</b> 9:30 am-12:30 pm @ DRY 2:30-4:30pm @ BC
<b>20</b>	<b>21</b> 6:15-8:00 am @ BC 6:00-8:00 pm @ DRY	<b>22</b> 12:00-2:00 pm @ EO	<b>23</b> 4:30-6:00pm @ BC	<b>24</b> 12:00-2:00 pm @ EO	<b>25</b> John Dickenson Invitational, Etobicoke (L1)	<b>26</b> John Dickenson Invitational, Etobicoke (Level 1)
<b>27</b> John Dickenson Invitational, Etobicoke (Level 1)	<b>28</b> 6:15-8:00 am @ BC 6:00-8:00 pm @ DRY	<b>29</b> 12:00-2:00 pm @ EO	<b>30</b> 4:30-6:00pm @ BC	<b>31</b> 12:00-2:00 pm @ EO		